

 <p>NGAIO SCHOOL SOAR TO NEW HEIGHTS</p>	<p>Ngaio School Newsletter Term 2 Week 3 17 May 2024</p>	<p>www.ngaio.school.nz School Calendar absences@ngaio.school.nz</p>
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KEY DATES TERM 1 - Please check the school website calendar regularly

Mon 20 May 1.30-3pm	Perform Education Show for ākonga
Mon 27 May	Te Kahu Rolleston (author) visiting Tui
Tuesday 28 May	Wearable Arts Show
Wednesday 29 May 1.40pm	New Parent Info Session
June 7 or 14 TBC	PTA Sausage Sizzle
Mon 3rd June	King's Birthday Holiday - SCHOOL IS CLOSED
Tues 4th June	Staff Only Day - SCHOOL IS CLOSED
Friday 14th June	PTA Sausage Sizzle & Ice Blocks (see PTA notices below)
Tues 18th June (pp 20 June)	Interzone Cross Country
Wednesday 19 June, 7.30-9.30pm	Raising Body Confident Kids - Parent Focused Event (see PTA notices below)
Thurs 20th June, 7:00pm	Board Meeting, Staffroom
Tues 25th June (pp 27 June)	Northern Zone Hockey
Thursday 27th June	Matariki Breakfast Celebration Save the Date - more info to come
Fri 28th June	Matariki Holiday - SCHOOL IS CLOSED
Tues 2nd July	Regional Cross Country
Tues 2nd July	Year 6 Day at Rāroa
Wed 3rd & Thu 4th July	3-way Conferences
Fri 5th July, 3:00pm	Last Day Term 2

Kia ora e te Whānau

Now we have Kindo operating as a means of receiving donations for activities and the family donation, we hope this will be a more convenient

way for you to contribute. We have loaded the swimming donation from term 1 and really appreciate the donations that have come in so far. We rely on this donation to provide swimming lessons through Easyswim. The pool costs a considerable amount to run so we already take a huge hit in our budget to keep this valuable asset going. We also have the Perform Education show scheduled for Monday loaded and would appreciate your donations for this too.

We are continuing to receive a lot of information regarding new initiatives from the Ministry of Education following the change in government. Following the requirement to teach one hour a day of reading, writing and maths, and the ban of cellphone use in classrooms, we have now received updated attendance guidance which I have shared below. You are welcome to contact me if you have questions about any planned absences coming up for your child/ren.

We are very excited to be planning a special Matariki event for Thursday 27 June, the day before the Matariki public holiday. Look out for more information soon - there will be an opportunity to help with organisation and more details regarding the format of this event.

The PTA has planned a parent education session for Wednesday 19 June. Emma Wright, author of *Body Confident - A guide to raising happy eaters* and *Raising Body Confident Kids - a practical workbook for parents* is presenting this talk for parents. This event will be of benefit to all of you in your role as parents - you'll take away practical tools and strategies to help your child build resilience to damaging messages, eat without overthinking and have a healthy relationship with their body. See the details below in the PTA section and secure your tickets soon!

Ngā mihi nui

Raewyn Watson

Te Tumuaki

Attendance

We have recently received information from the Ministry of Education regarding attendance. They have asked us to share the following messages with families:

If a student misses one day of school every two weeks, they miss a whole year of school by 16 years of age. As a parent or caregiver, you, alongside our school, play a key role in building strong habits of regular school attendance.

All students are legally required to attend school every day and it is a shared responsibility to make sure students attend and engage in learning from when they first start school. As we enter 2024, every day of school matters.

You must let the school know if your child is going to be absent for a day or intends to be absent for a portion of the school term for whatever reason, like a tangi or medical procedure. Family holidays or taking time off for extracurricular activities (not organised by school) are not justified reasons for being absent.

We have also received refreshed health guidance released by Health New Zealand | Te Whatu Ora to help increase school attendance and decide if a learner is well enough to attend school | kura, including learners experiencing anxiety. This link provides a range of useful and important information.

<https://parents.education.govt.nz/essential-information/attendance-every-day-matters/>

Some key takeouts:

If your child is unable to attend school you must let the school know, including the reason why.

You should keep your child home from school if they are:

- **too sick to learn** and need time to rest and recover
- **have symptoms of concern** including fever, vomiting, diarrhoea, sore throat, skin infections such as school sores, a new rash or difficulty breathing
 - *Your child can return to school after 48 hours (2 days) have passed since the last time they vomited or had diarrhoea.*
- **have tested positive for COVID-19** - If your child tests positive for COVID-19, it is recommended that they isolate for at least 5 days, even if they only have mild symptoms, starting at Day 0. Day 0 is the

day their symptoms started or when they first tested positive, whichever came first. Your child should not go to school.

- *After having COVID-19, your child should be okay to return to school after completing their recommended isolation as long as they do not have symptoms anymore, or they only have mild symptoms which are improving and they are feeling well.*
- *Some children may need additional time at home to recover.*
- **have an infectious illness** and have been advised to stay home by their local public health team or their healthcare provider.
 - *Your child can return to school **after 48 hours (2 days)** have passed since the last time they vomited or had diarrhoea.*

Northern Zone Cross Country

WELL DONE to all our students who competed at Northern Zone. We are proud of them for showing determination and resilience on the day, no matter the place they achieved.

Big thanks to the parents who attended, especially those who marshalled and helped with pack down.

See below the top 20 placings achieved by our students. The top 10 in each race have qualified for Inter Zone cross country on 18 June at MacAlister Park. More details nearer the time.

Finn P 1st	Tommy H 4th	Arlo M 10th
Mila G 1st	Isla G 5th	Isobel A 14th
Delia G R 2nd	Ezekiel H 6th	Tom C 19th
Poppy T 3rd	Cerys P 8th	Tessa M 19th
		Emmeline B 20th

Northern Zone Cross Country Writing

By Tommy, Arlo, Thomas, Austin, Jackson, Eva, Georgia, Tessa, Kathryn and Emmeline.

We arrived early but it was a while until our races, since there were year seven and eights running first. Once it's your turn you head up to the

starting line. It was very fun but tiring. I was proud of what I got and I would do it again.

The warmups were just some stretches and jogging to the end of the field and back, and then the people leading at the starting point led you to the start line. Next the guy said, "Are you ready?" Then he sent us off. Everyone was so fast, so I came 22, but I was still proud of myself for completing the race!

While we were running it was pretty tough. There were lots of hills and it was really long. We had to go down steep banks and round lots of fields. Everybody had a stitch and was hot, puffed and tired by the end of it.

When we were waiting it was so boring but when I got to the race and was so nervous. The hooter went and I ran slow, then I started going faster and faster. I almost hit someone! It was really fun. I came 30th, not my best but still good.

As I went up to the starting line I felt really nervous, I just wanted to go to Inter Zone.

The air horn went off and I stayed in the top ten. I did my best and it was super fun, but the 2 hour wait was very boring. I came 10th.

To calm my nerves as I was going up to the starting line, I repeated this in my head, "You're not going to get first, but there is no way you can get last." So when the horn went off I was fine. I got 26th place. I was happy with my result but it was a boring wait for my race to start.

Because I was sick the day before, my mum took me to Grenada North Park right before my race, so I didn't have too wait long. When the Year 6 girls were called up we did all our warm ups and lined up at the starting line. The horn blew and everyone ran, the first downhill was fine but the rest was really tiring, I think it was the same for everyone. When I finished I got 27th, I'm very happy with my placing, this year's Northern Zone was probably the hardest one I've ever done!

Waiting before the race was the worst part, when it was time to go to the start line my heart was thumping! The hooter was so loud! It gave me a big shock. I ended up making my way up to 4th which I was pretty proud of, but I felt like I could have got 3rd. But now I'm just glad I'm done.

Northern Zones was a blast, trying your best and getting great results. The race wasn't easy but it was so fun. At the end of it all you are pretty tired but feel so proud. Waiting was hard as the anticipation grew and tensions rose. The horn blew and my stomach leaped. Running across the line was a great feeling of achievement and relief.

PTA NEWS

RAISING BODY CONFIDENT KIDS - PARENT FOCUSSED EVENT

The Ngaio School PTA are hosting a *Raising Body Confident Kids* parent talk with Emma Wright for our community on 19 June. We hope you can attend this important event.

You may have heard Emma interviewed by Jesse Mulligan on RNZ, or seen her in The Herald, talking about her recently published book *Body Confident: a Guide to Raising Happy Eaters*. Emma holds a Master's Degree, is well researched and has lived experience with disordered eating.

Given that body image has a huge impact on kids' social and sporting participation, this is a must-see event for parents of younger kids to help make changes that will positively impact them for years to come. Emma's talk will arm you with practical tools and strategies to help your child build resilience to damaging messages, eat without overthinking and have a healthy relationship with their body.

Event details:

What: Raising Body-Confident Kids

Who: Parents and teachers

Where: Ngaio School

When: Wednesday 19 June, 7.30-9.30 PM

Admission: \$15 for school families (\$20 for community families)

Get tickets now from mykindo

- School families tickets available [here](#)
- If you want to share this with your friends and whanau , they can buy tickets [here](#)

SAUSAGE SIZZLE & ICE BLOCKS

We will be having a Sausage Sizzle on Friday 14th June - Why? Because the kids love it! Vegetarian sausages and lemonade popsicles are available too.

Place your orders via mykindo [here](#) by Friday 7th June

Can you help out on the day?

We need volunteers on the day of the sizzle, Friday 14 June. We need 2 cooks from 11am – 12.30pm and 7 assembly and delivery people from 12-1pm. Email Heather Payne on hevatee@hotmail.com if you can help.

COMMUNITY NOTICES

The Onslow College International Department would like to hear from you if your family/someone you know is interested in hosting an international student with the school.

These students will pay their host family a weekly homestay fee of \$340 this year (\$350 in 2025).

This is a great opportunity to learn about a different culture & introduce a fabulous young person to life in NZ.

If you are interested, please email us at homestay@onslow.school.nz



**Learn
& Live
French
in Wellington**

New Term starts 29 April 2024

**French classes
for all levels**

af
Alliance Française
Wellington

Classes are open to any students aged year 2 and upwards who would like to learn French. Parents interested in these classes for their children please contact us at admin@french.co.nz.

THE WINTER PROJECT

WHO WE ARE:

The Winter Project is a student-led charity group run by five Year 12 students from Samuel Marsden Collegiate School in Karori. We collect second-hand winter woolens and deliver them to schools in the wider Wellington region who are in need of warmth for the cold winter months ahead.



CONTACT US



FACEBOOK

The Winter Project

INSTAGRAM

@_thewinterproject

EMAIL

winterprojectwgtn@gmail.com

WHAT WE NEED:

Please bring any preloved, clean, warm clothing items in good condition. These can be anything like scarves, beanies, gloves, blankets, jerseys, tops, jackets, raincoats, puffers, warm pants or shoes. There will be a box placed somewhere around the school to put your items in. Thank you for your help!